

Doyosow Reiki Master

1-Year Program

As a prior student of Lisa Powers and a member of the International Reiki Association I wanted to bring something new to the reiki community. Typical Western (in person or online) Reiki training classes range from 1-3 days for each level and once you are certified you are left with trying to figure out what to do next unless you enroll with a reiki association. But if you don't have direction or the capacity to navigate the community then is it really useful for you to join.

This is a complete program where we grow together, build a soul family bond while unlocking your chakras and healing ancestral traumas. The business course will finish up your program allowing you to have all the tools to be successful as well as be apart of an International Reiki Association to further build your community and practice.

History of Usui Reiki

The history of Usui Reiki begins with its founder, Dr. Mikao Usui. Sometimes called the Usui Sensei, Dr. Mikao Usui was born to a wealthy Buddhist family in 1865. Dr. Usui's family was able to give their son a well-rounded education for the time. As a child, Dr. Usui studied in a Buddhist monastery where he was taught martial arts, swordsmanship, and the Japanese form of Chi Kung, known as Kiko.

Throughout his education, Dr. Usui had an interest in medicine, psychology and theology. It was this interest that prompted him to seek a way to heal himself and others using the laying on of hands. It was his desire to find a method of healing that was unattached to any specific religion and religious belief, so that his system would be accessible to everyone.

Dr. Usui traveled a great deal during his lifetime. He studied healing systems of all types and held different professions including reporter, secretary, missionary, public servant and guard. Finally, he became a Buddhist priest/monk and lived in a monastery.

Spiritual Awakening and Development of Reiki

Sometime during his years of training in the monastery, Dr. Usui attended his own training rediscovery course in a cave on Mount Kurama. For 21 days, Dr. Usui fasted, meditated and prayed. On the morning of the twenty-first day, Dr.

Usui experienced an event that would change his life forever. He saw ancient Sanskrit symbols that helped him develop the system of healing he had been struggling to invent. Usui Reiki was born.

After his spiritual awakening on Mount Kurama, Dr. Usui established a clinic for healing and teaching in Kyoto. As the practice of Usui Reiki was spreading, Dr. Usui became known for his healing practice.

Further Development of Reiki

Mikao Usui founded his first Reiki clinic and school in Tokyo in 1922. Before he died, Dr. Usui taught several Reiki masters to ensure that his system would not be forgotten. Among them was Dr. Chujiro Hayashi, a former naval officer who set up a Reiki clinic in Tokyo.

Dr. Hayashi is credited with further developing the Usui system of Reiki by adding hand positions to more thoroughly cover the body. Dr. Hayashi also changed and refined the attunement process. Using his improved system, Dr. Hayashi trained several more Reiki Masters, including a woman named Hawayo Takata. Mrs. Takata was a Japanese American woman who originally went to Dr. Hayashi for healing. Upon learning the system, herself, Mrs. Takata took Reiki home to the United States.

Spread of Reiki to the West

Hawayo Takata was Tokyo in 1935. Mrs. Takata was very ill and in need of surgery, but she strongly felt through her instinct that she didn't need that surgery to be healed. After asking her doctor about alternative treatments for her condition, she was told about the Reiki practitioner in town. Mrs. Takata had never heard of Reiki, but she made an appointment, even though she was slightly skeptical. Following her initial meeting with Dr. Hayashi, Mrs. Takata saw Dr. Hayashi on a daily basis. She found the sessions to be relaxing and pleasant and, ultimately, healing.

As time passed, Mrs. Takata learned Reiki One and Reiki Two. When she returned to the United States, Mrs. Takata continued to practice Reiki and eventually became a Reiki Master. Much of this happened near the beginning of World War II.

Mrs. Takata wanted to spread her system of healing to others. She made changes to her Reiki practice, then used Reiki to help heal others in the United States.

Modern Reiki

Reiki Spreads to the West: Mrs. Takata

Before he died, Dr. Hayashi managed to impart all of Dr. Usui's teachings onto Mrs. Takata. She continued to practice Reiki for many years. When she died, she had attuned 22 Reiki masters.

Today, people who practice Reiki use the methods developed by Dr. Usui, the founder of Usui Reiki. The genius of Reiki is that practitioners can utilize Reiki to help heal themselves and for their own wellness and enhanced well-being. In fact, working on self-healing is a prerequisite for offering Reiki healing to others. Modern Reiki masters can offer the Reiki energy to others through gentle static light pressure touch using the specific traditional Reiki hand positions and even over long distances like prayer is offered. Reiki healing complements many medicinal therapies and traditional medicine and can be used to help assist in the potential healing of people suffering from pain, illness, disease and more.

Your coursework will include

- **Level 1** is a practitioner's initiation into reiki and is open to anyone. The focus during Level 1 is on opening the energy channels on a physical level, allowing the practitioner to connect to the universal life force energy, which flows from the cosmos through the crown of the head and down to the heart and hands.
- **Level 2** gives students the skills to practice reiki on others and open energy channels more deeply. Students also receive their symbols during this level. There are 5 symbols each one resonates to a specific energy (power, harmony, distance, mastery, and completion).
- **Level 3** of Reiki is focused around the master symbol, Dai Ko Myo, the values of this advanced level do not depend on the symbol itself. What's important is what it represents in relation to the new vibration. Reiki level 3 means enlightenment, positive power, and evolution
- **Crystal Reiki**- you will learn how to use crystals in conjunction with Reiki healing for a powerful, holistic therapy that will improve your health or future clients health and quality of life.
- **The 12 chakra system** includes the 7 primary chakras inside the body and 5 transpersonal chakras outside the body (**HIGHER LEVEL & SOUL CHAKRAS**). The 7 primary chakras are the root (base), sacral, solar plexus, heart, throat, third eye (brow) and crown. The five additional chakras are transpersonal chakras, which integrates the spiritual and transcendent aspects of the human experience.
- **Intro to Reiki Business Course** will cover starting your reiki business, how to set your vision and intention to create a thriving reiki practice.

Study Materials & Gifts included

Reiki Master Manual

Learn about Reiki, a universal energy that has been used successfully all over the world to heal emotional, physical and energetic imbalances. With this guide you will have detailed support as you learn how to perform Reiki on yourself and others while exploring detailed information from Reiki Levels I, II and Master.

Crystal Reiki Manual

From learning how to select the best crystals for a session to how to provide Crystal Reiki attunements, this guide will gently take you by the hand and show you how to work with this beautiful branch of Reiki. This manual has proved helpful for thousands of students who have worked with Lisa Powers. Some of the Topics Explored: How Crystal Reiki Works Benefits of Crystal Reiki How to Select, Store, Cleanse and Charge Crystals How to Perform Crystal Reiki Sessions on Yourself and others How to Create Crystal Reiki Grids Crystal Reiki for Your Home, Pets Crystal Reiki for Specific Imbalances Harness the power of Crystal Reiki to create powerful transformation in yourself and others.

Crystal Reiki Bible Series

Beautiful Illustrations & In-Depth Descriptions

With striking photos of over 200 crystals—many in both raw and polished forms—and detailed descriptions of each stone's colors and appearances, *The Crystal Bible* is the only guide you'll need to clearly identify crystals.

Detailed Applications

Each crystal has a unique set of attributes and uses, from strengthening the heart to restoring motivation and vitality. *The Crystal Bible* describes all of these applications, helping you find the exact crystal you need to improve your health, heal your body, and stabilize your energy.

Valuable Additional Resources

To help you get the most out of your crystals, *The Crystal Bible* includes introductions to chakras, auras, crystal grids, and more, providing the basic knowledge needed to use crystals effectively and serving as a quick reference for those with more crystal healing experience.

Business Workbook & Planner

Perfect way to effortlessly build up client base by capturing all of the potential client's contact information and detailed session information before graduation/certification, starting up a new business, etc.

Details such as symptoms, modalities, crystals/essential oils used, observations, "homework", etc

25 clients x 2 summary pages.

Checklist for favorite gemstones and essential oils so you always remember to know which ones to always have on stock.

Two journal prompts that reflect on feedback from clients which can be utilized in branding, marketing, and testimonials. This is also can help pinpoint the most effective services that you can offer at this time and which ones you may want to receive additional training or not offer altogether. Additionally, this is a great way to chart your progress!

Create and organize personalized essential oil blends and bath soak recipes. A great way to easily send a snapshot of aromatherapy and bath soak recipes and instructions for clients instead of printing them out thereby saving paper and time!

Detail professional and educational goals with a project timeline 12-month calendar.

Notes section to record thoughts and ideas.

Paperback cover and 108 pages

DANCING BEAR Healing Crystals Chakra Balance Kit (17 Pc Starter Set), 7 Tumbled & 7 Rough Stones, Selenite Stick & Palo Santo Smudge for Good Energy, Chart & Guide with Metaphysical Info

- **HAND-SORTED, HIGHEST-QUALITY GEMSTONES--7 Tumbled stones (amethyst, sodalite, aventurine, carnelian, citrine, clear quartz, and red jasper) & 7 Rough stones (amethyst, apatite, aventurine, carnelian, clear quartz, orange calcite, and red jasper).**
- **PALO SANTO stick for SMUDGING.** Light the stick, blow out the flame, and clear any negative energy up and away with the fragrant smoke.
- **SELENITE stick for CHARGING.** Place crystals on the selenite crystal for a few hours to recharge and intensify positive vibrations.
- **CHAKRA BALANCING** promotes optimal well-being and happiness. Place stones on chakra points on your body or carry them in your pocket to keep energy flowing freely.

**A free membership with an amazing community to help
you be successful**

**The International Reiki Organization is an online sanctuary built for
Reiki Practitioners, by Reiki practitioners.**

**The International Reiki Organization was founded for you, so you
can move your life and healing practice forward.**

WHEN YOU BECOME A MEMBER, WE'LL HELP YOU...

DEVELOP YOUR SKILLS

Our ongoing training and development will help you refine your Reiki skills
and build your confidence as a practitioner.

PROMOTE YOUR BUSINESS

All members are listed in our online directory and we provide extensive
marketing and business development support.

GROW YOUR SUPPORT NETWORK

Make meaningful connections and get the support you need from our
community of like-minded Reiki professionals.

INTERNATIONAL REIKI CERTIFICATION

On completion of our mandatory ethics course, you'll receive a printable digital certificate of your membership that you can proudly display to your clients.

This certification is 100% inclusive of distance attunements. (\$1,000 value)

ACCESS TO ACTIVE MEMBERSHIP FORUMS AND COMMUNITY SUPPORT

Connect with practitioners who have the same passion and dedication for growing their Reiki education as you do.

Ask important questions, share knowledge, and organize Reiki shares & meetups. (\$1,000 value)

ACCESS TO LOW-COST LIABILITY INSURANCE

Become fully equipped to run your Reiki business without worry.

We support our members by providing low-cost options for our members. (\$1,000 value)

IMMEDIATE ACCESS TO FREE BUSINESS COURSES

New courses are being added every month to help you establish an online presence and attract paying clients into your practice.

You'll find courses from creating your website to mastering social media, copywriting, SEO, analytics, branding, and more. (\$2,000 value)

THE INTERNATIONAL REIKI ORGANIZATION RESOURCE LIBRARY

Get access to a treasure chest of resources for creating, marketing, and sustaining your Reiki business.

You'll also receive access to meditations, templates, and educational tools for growing your personal practice. (\$500 value)

GET VISIBLE WITH OUR REIKI PRACTITIONER DIRECTORY

Use our platform to promote your business, get found by clients, and connect with other practitioners in your area. (\$500 value)

INTERNATIONAL REIKI ORGANIZATION COURSE DIRECTORY

You'll find free courses as well as our low-cost courses (\$15-\$30 per course) that will allow you to focus your Education (including Reiki Levels 1, 2, and 3 -- and so much more). (\$1,000 value)

ONGOING OPPORTUNITIES FOR PROMOTING YOUR BUSINESS

Practitioners will be invited to submit articles to our community blog to showcase their work and establish themselves as experts in our industry. (\$500 value)

RELEASING FINANCIAL BLOCKS MEDITATION

A self-guided Reiki session that will help you overcome financial blocks and imbalances so you can flourish in both your personal life and in your business. (\$49 value)

HERE ARE A JUST A FEW OF OUR LATEST BUSINESS COURSES AVAILABLE TO YOU IMMEDIATELY AFTER YOU BECOME A MEMBER:

HOW TO CREATE AN AUTHENTIC REIKI BRAND THAT HONORS YOUR VOICE

Set your Reiki business apart from others by creating a strong business brand, voice, and message that reaches your ideal audience. Create a genuine online presence that truly represents YOU, and attract clients who will become repeat customers.

HOW TO MANAGE YOUR SOCIAL MEDIA & PROMOTE YOUR BUSINESS

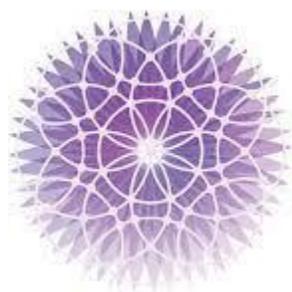
Detailed courses in understanding the power of social media for building trust, credibility, and community with your new and loyal clients. You'll learn the basics of Facebook, Facebook Live, YouTube, viral videos, ads, and more for building out your business, connecting with your people, and growing your income.

HOW TO CREATE SALES PAGES & EMAIL FUNNELS THAT WILL INCREASE PROFIT

A sustainable Reiki business goes beyond the spiritual. It requires switching hats between healer and CEO. In this course, you'll learn how to write persuasive sales pages, strategize email funnels that are personal and engaging, and connect with new audiences to increase your client base. Also, keep your existing client base engaged and dedicated to your practice.

HOW TO CREATE A WEBSITE AND MAXIMIZE YOUR TRAFFIC

Step-by-step guides that will help you create a basic WordPress website, as well as advanced support that will help you create a beautiful website that will elevate your practice's professionalism and promote your unique brand. You'll also learn how to use analytics to understand your site's flow and plan your marketing around what works for your site. Lastly, you'll learn free ways to generate traffic to your website.



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